

# Daily Routines

## Noblemen



The daily routine for noblemen was the same throughout the year.

The day would begin at sunrise when, if not already awake the nobleman would be woken by his servants bringing water for him to wash and shave.

When he was dressed he would attend mass in his chapel. This would be followed by the first meal of the day.

After breakfast he would turn his attention to business. He would receive reports about the state of the land and any problems concerning crop production or harvest.

Time would also be spent on the financial aspect of running the manor – paying taxes and bills and ensuring that tenants had paid their rent.

Certain days of the year were also set aside for the lord to hear complaints and grievances from his tenants and also to settle any disputers.

At around mid-morning prayers would be heard before the main meal of the day, dinner.

After dinner the nobleman would spend time hunting or riding around his estate. He may also spend time practising with his weapons.

At sunset there would be prayers followed by supper in the great hall. Jugglers or minstrels would provide evening entertainment.

Prayers would be heard again before bedtime.

## Peasants

Peasants rose before sunrise and began their day with breakfast. They would work on the land from sunrise to sunset stopping for lunch at around noon. They would eat their evening meal soon after sunset and go to bed as soon as it was dark.

The actual tasks carried out by peasants were governed by the farming year.

### The Farming Year

